



# TASO Training Centre

## Course Description

### 1 AIDS Care Orientation Workshop (ACOW)

A sensitization workshop for orienting participants to support people with HIV/AIDS related concerns, at both personal and institutional level. It focuses on facts about HIV/AIDS, individual vulnerability and responsibilities, positive attitudes and basic helping skills among others. It is ideal for senior and middle management staff of both governmental and non-governmental institutions

**Course duration** 1 week

### 2 Introduction to HIV/AIDS Counseling (Basic)

A Course designed to build a cadre of healthcare providers to prepare clients for HIV/AIDS tests and to receive test results. It addresses basic facts about HIV/AIDS, basic helping skills, pre and post testing counseling skills. It is suitable for individuals working in healthcare, HIV testing institutions and counseling aides.

**Course duration** 2 weeks

### 3 HIV/AIDS Counseling Course (Modular Course)

This course prepares one to become a counselor capable of meeting the information needs of clients, preparing them for pre and post HIV test realities, and providing the necessary psychological support for positive life style. Focus is on, counseling theories, counseling models and techniques, ethical issues in HIV/AIDS care, code of conduct for counseling practice, behavior change, etc. It is suitable for individuals and groups working in service organizations and other institutions

The course is offered in three modules of 2, 2 and 1 week over a period of six months. In between the modules participants do field practice (practicum) for a period of up to 8 weeks.

**Course duration** 5 Weeks ( Module I , 2 weeks; Module II, 2 weeks; Module 3, 1 week)

### 4 HIV/AIDS Counseling Course

An intensive course tailored to suit the needs of international participants. It is designed to train and orient participants, with the required knowledge and skills to satisfy information and psychological needs of clients and to offer support for positive life

style. The course is suitable for individuals at various levels of responsibility in service organizations (governmental and non-governmental).

**Course duration** 4 weeks

#### **5 HIV/AIDS Counselor Supervisor's Course**

A course aimed at building the capacity of program/project managers to supervise HIV/AIDS counselors. It addresses counseling standards, practice, support and supervision, as well as monitoring and evaluating counseling work. This course is suitable for counselor supervisors, coordinators.

**Course duration** 2 weeks

#### **6 HIV/AIDS Counselor Refresher Course**

This is an intensive course aimed at reequipping practicing counselors with the latest developments and best practices in HIV/AIDS care and support. Themes covered include current global HIV/AIDS epidemic dynamics and best approaches and applications.

**Course duration** 1 week

#### **7 Child Counseling Course**

A two module course designed to orient and train individuals working with children affected by HIV/AIDS. The course equips participants with skills and knowledge to identify HIV/AIDS related risks and challenges of children and young adults as well as strategies that enhance family coping abilities. The target audiences include teachers, nurses, counselors, parents, guardians, program managers and staff.

**Course duration** 4 Weeks ( Module I , 2 weeks; Module II, 2 weeks)

#### **8 HIV/AIDS Community Care Course (TOT)**

This course, offered in collaboration with [RATN](#), aims at improving the quality of care given at community level and to increase community capacity to cope with HIV/AIDS and prevent further transmission. The course imparts practical skills in program development and adult learning methodologies and techniques relevant to HIV/AIDS. It covers supervision, support, monitoring and evaluation, developing training activities, project planning, home care and visiting. The course target audiences are mid-level managers, project coordinators, trainers, counselors and other frontline managers of community-based organizations involved in home-based care.

**Course duration** 3 weeks

**9 HIV/AIDS Community Care Course (TOT)**

This is a three module course designed to impart facts about care and prevention of STDs/HIV/AIDS, enhance skills of community based workers in the mobilisation of communities to respond to HIV/AIDS and initiate, manage and support community based AIDS programs. Focus is on skills for training of trainers, use of participatory approaches, planning and implementation, as well as monitoring and evaluation of training programs. It is most suitable for local participants at the level of project coordinators, trainers, counselors and frontline (midlevel) managers of community based organizations.

**Course duration** 5 Weeks ( Module I , 2 weeks; Module II, 2 weeks; Module 3, 1 week)

**10 Clinical Management of HIV/AIDS Course**

This is a highly practical course, offering a strong hands-on experiential learning at our clinical training facility that uses the outpatients AIDS clinic and committed clients as aides to learning. The course covers, comprehensive care of PLWHA, clinical management of opportunistic infections, use of antiretroviral therapy in HIV/AIDS care. The course is suitable for medical and clinical officers, nurses, midwives.

**Course duration** 2 weeks

**11 Opportunistic Infections Management**

This course targets health workers who are involved in the clinical care of PLWHA in district hospitals, private hospitals, specialized HIV/AIDS clinics and private practitioners who attend to people with HIV/AIDS especially those on ART.

**Course duration** 1 week

**12 Refresher course for Community Based Trainers**

This course targets community trainers who are frontline partners in the struggle against HIV/AIDS. The course reviews current trends and best practices in HIV/AIDS and related challenges based on assessed needs. It provides a forum for practicing skills in training community-based groups.

**Course duration** 1 week

### **13 Child Counseling Course**

This intensive course, offered in collaboration with [RATN](#), aims at building capacity in the field of communicating with children. The course employs interactive and participatory methodologies using appropriate exercises, group work, educational field trips and role-plays to enhance the theories and concepts presented. Participants for this course come from various countries of Africa and beyond and include counselors, teachers, nurses, parents, programme managers and programme staff.

**Course duration** 3 weeks

### **14 Peer Counseling Course (Youth)**

This course is designed to empower youth with skills in mobilizing their peers in the fight against HIV/AIDS. The course focuses on mobilization skills, basic counseling and helping skills.

**Course duration** 2 weeks

### **15 Peer Counseling Course (PLWHA)**

This targets People Living with HIV/AIDS (PLWHA). The course focuses on mobilization skills, basic counseling, public speaking/giving of testimonies, basic counseling, among others.

**Course duration** 2 weeks

### **16 Principles and Practices of Antiretroviral Therapy**

This is an intensive course designed to offer in-depth knowledge on antiretroviral drugs and their use; the monitoring of individuals on ART and the implementation of ART programs. The course is ideal for medical doctors, clinical officers, pharmacists, registered nurses and midwives and senior HIV/AIDS counselors.

**Course duration** 1 week(6 days)

### **17 Nutrition Care and Support in HIV/AIDS**

A demand driven course aimed at building knowledge on nutrition of PLWHA, care givers, community volunteers and counselors at all levels. The course covers the link between nutrition and HIV/AIDS, dietary management of HIV/AIDS, related symptoms, nutritional care for different PLWHA cohorts, and nutritional counseling among others.

**Course duration** 1 week

**18 Gender and HIV/AIDS**

This course is aimed at strengthening Gender responsive HIV/AIDS management and service delivery especially at grass root level. It is ideal for managers at various levels and community development practitioners.

**Course duration** 1 week

**19 ART Clinical and Programmatic Management**

This course is for middle level managers and is offered in collaboration with [RATN](#). It aims at enhancing development and implementation of ART programmes. It orients participants in a wide range of issues in clinical and programmatic management of ART in resource-limited settings. Course content covers among others, HIV/AIDS epidemiology, patho physiology of HIV, comprehensive care and support, eligibility criteria and policies, models of ART service delivery, community participation, monitoring and evaluation.

**Course duration** 3 weeks

**20 Home Based HIV/AIDS Care**

This course is designed to equip participants with skills and knowledge to offer comprehensive HIV/AIDS care to individuals, families and communities. It is ideal for clinicians, HIV/AIDS Counselors and social workers.

**Course duration** 2 weeks

**21 Sexuality, STI Management and Contraceptive use in HIV/AIDS**

This course is designed to equip participants with knowledge and skills in sexuality counseling, management of sexually transmitted infections as well as appropriate use of modern contraceptives in HIV/AIDS. The course is ideal for medical doctors, nurses and midwives, clinicians and counselors in adolescent and reproductive health settings.

**Course duration** 2 weeks

**22 Comprehensive HIV/AIDS Care Fields officers' Course**

A highly intensive course aimed at equipping participants with knowledge, skills and attitudes necessary for the provision of quality home based HIV/AIDS care, including antiretroviral therapy. The course is ideal for social workers with diploma or

degree qualification and with no background in medical discipline who are interested in building a career in HIV/AIDS care provision.

**Course duration** 1 week

### **23 HIV/AIDS care skills for Laboratory Personnel**

The aim of this course is to equip laboratory technicians with relevant knowledge and skills for improved HIV/AIDS care and support services. The course covers, basic skills, knowledge in laboratory diagnosis of opportunistic infections, universal precautions, post exposure prophylaxis management, legal and ethical issues in HIV/AIDS as well as laboratory supplies and logistical management.

**Course duration** 1 week

### **24 TB Management and Septrin Prophylaxis Course**

This course aims at imparting participants with both theoretical and practical knowledge/skills on TB case detection, diagnosis, treatment and prevention. Topics covered include, establishment of a TB-DOTS strategy, specimen collection, laboratory diagnosis, community education and mobilization., comprehensive and synoptic analysis of the utilization of Septrin Prophylaxis among PLWHA to prevent severe OI. This course is suitable for medical doctors, clinical officers, comprehensive nurses, counselors and laboratory personnel.

**Course duration** 3 days

### **25 Tailored Courses**

The Training Centre also organizes tailor-made courses based on identified training needs of institutions, organizations and groups of individuals. Such courses are usually demand driven and are designed and delivered to meet the party's identified needs.

**Course duration** Varies